

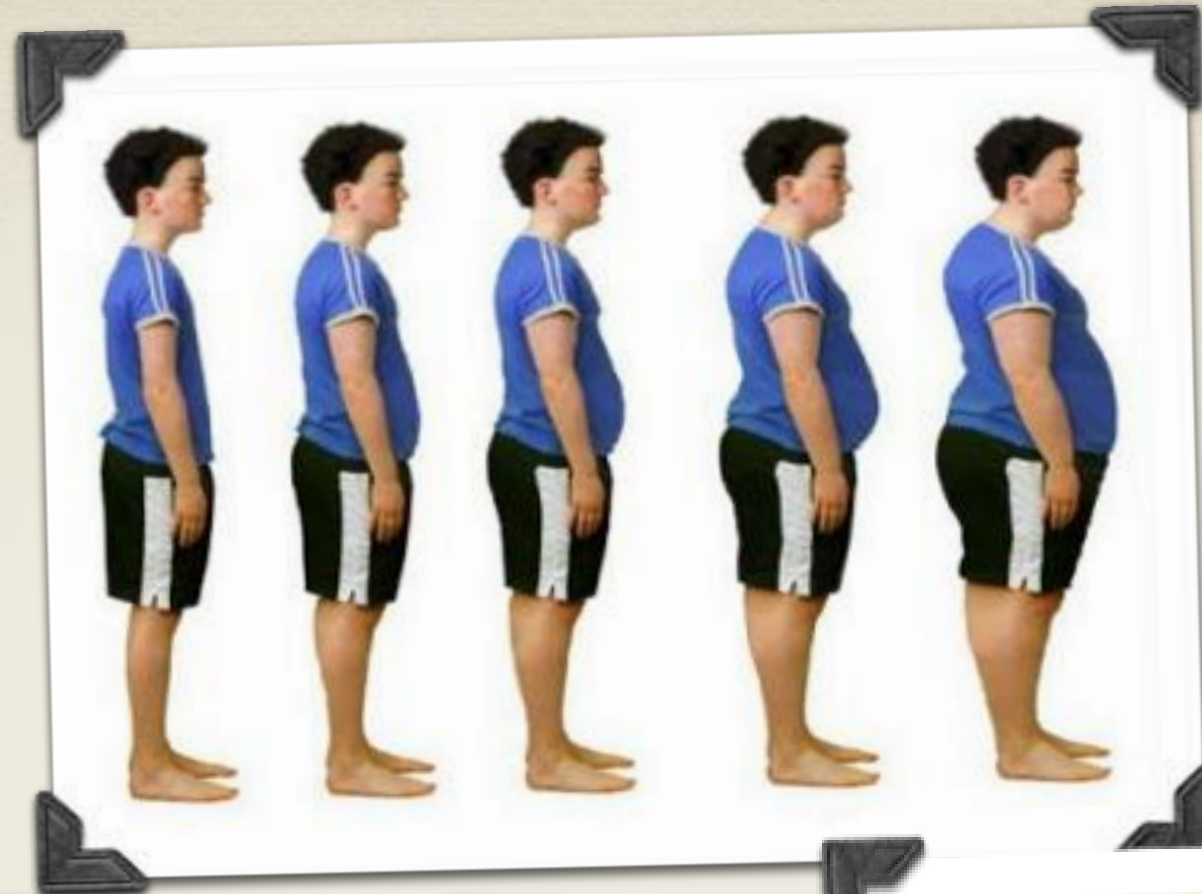
Middle School Sport Policies and Sport Participation in North Carolina



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A National Epidemic



School Sports & Physical Activity



Current School Sport Policies and Models Limit Participation



NC Board of Education

Policy ID Number: HRS-D-001

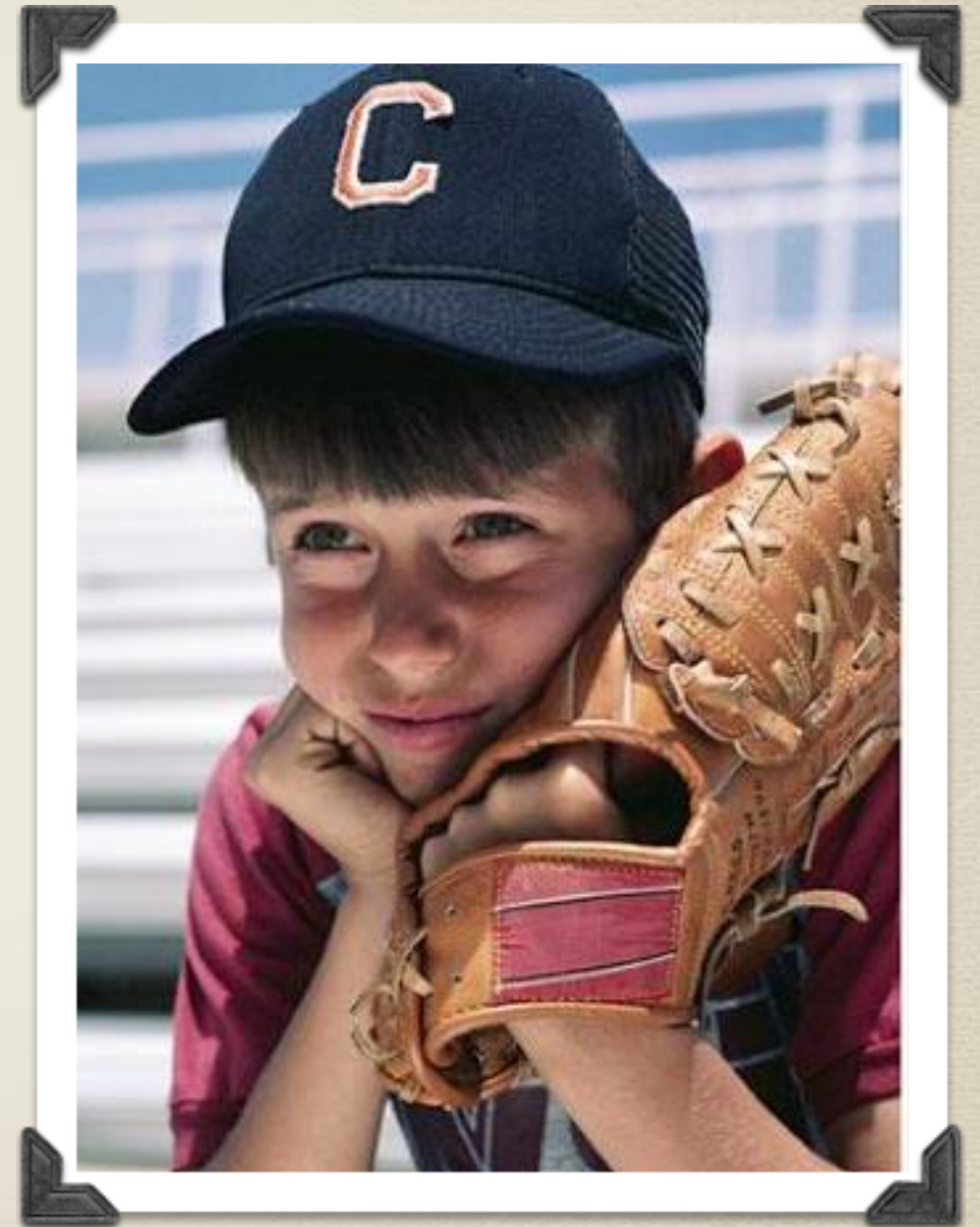
Policy Title: 16 NCAC 6E.0202 Policy regarding interscholastic athletics

.0202 INTERSCHOLASTIC ATHLETICS

- a) Only students in grades 7-12 may participate in interscholastic athletic competition.**

After-school Sport Opportunities in NC

- Limited roster sizes and shrinking athletic budgets
- 53% of Middle schools only offer interscholastic sports
- 32,000 6th graders have no access to school sports
- 6th graders in rural communities may have no sports at all



Findings from our research suggest...

- Intramurals attract more students to play sports.
- Students from low income and/or African American households are more likely to play sports in schools that offer intramurals.
- Motivation to play sports diminishes when children don't have an opportunity to play.